



# June 1-2, 2024 Workshops with Maritza Professional Salsa Dancer from Mexico

Wightman School Community Building  
5604 Solway Street, Pittsburgh, PA 15217

## Saturday, June 1, 2024

3 hours of workshops for men and women in body movement, styling, and footwork

1:00 – 2:00 pm: Body movement training; learn how to incorporate Afro-Cuban movement into your salsa dancing

2:15 – 3:15 pm: How to style within partnerwork, including leading tips and technique

3:30 – 4:30 pm: Footwork to include elements of Pachanga, Afro, and Boogaloo

## Sunday, June 2, 2024

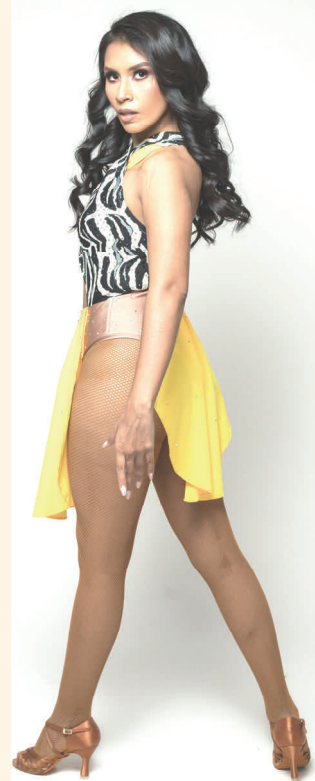
2 hours of workshops for **WOMEN ONLY**

1:00 – 2:00 pm; 15 minute break; 2:15 – 3:15 pm:

Material will include body movement and technique for women in salsa, with a focus on the movement of the hands, arms, hips and shoulders to help to improve your social dancing.

Additional topics will include intentions and feminine movement in Cuban rhythms such as Mambo, Son and Salsa Fusion. Workshops are for all levels and will be progressive.

**PRE-REGISTRATION FORM BELOW**



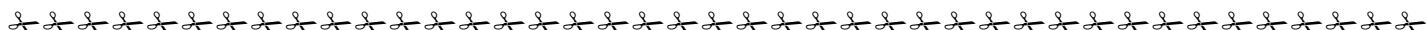
## Pre-register by May 25, 2024 for discount (higher prices at the door)

DAY	HOURS	AT THE DOOR	PRE-REGISTER
Sat, June 1	3	\$60	\$50
Sun, June 2	2	\$40	\$35
Both Days	5	\$90	\$75

To pre-register, complete the form BELOW and mail your check payable to Salsa Pittsburgh, LLC.

Mail to: Jeff Shirey, 1322 Prospect Road, Pittsburgh, PA 15227

Venmo Account: *salsapittsburgh*, Code: 9404 If paying by Venmo, send an email to *jeffshirey@comcast.net* indicating your workshop choices. Questions? Call or Email Jeff at: 412-881-9237, *jeffshirey@comcast.net*



Name \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_



### Check Your Workshop Choices Below

- Sat, June 1 (3 hours - \$50)
- Sun, June 2 (2 hours - \$35)
- Both Days (5 hours - \$75)